

# Reflective Questions to Lead Yourself Well

## Start Your Day with Purpose

- ***What's my definition of success today?***  
Clarify your top priorities and set the tone.
- ***What can I do to stay at my best?***  
Plan one small action to recharge and sustain your energy.
- ***What do my teammates or the animals need from me today?***  
Focus on your role and how you can make a difference.

## Reflect and Reframe Challenges

- ***How can I reframe this situation to see it differently?***  
Shift your mindset to focus on opportunities, not obstacles.
- ***What's one thing I can control or influence here?***  
Stay empowered by taking action where it matters most.

## End Your Day with Insight

- ***What did I accomplish today that I feel good about?***  
Celebrate wins—no matter how small.
- ***What is one thing I can improve tomorrow?***  
Commit to growth through small, actionable steps.

